Greenopia®

2nd edition

the urban dweller's guide to green living LOS ANGE CS

eat · shop · live green

More than 1,400 Local Businesses and Resources

discover the city's most eco-friendly retailers, services and organizations

Sno:la PPP

244 N. Beverly Dr. Beverly Hills 90210 • **310-274-2435** Mon-Thu 11-10 Fri-Sat 11-11 Sun 11-10 www.snolayogurt.com Frozen yogurt made with organic milk and natural ingredients; no refined white sugar. Uses biocompostable takeout containers. Counters and benches made from repurposed and recycled materials.

21 Choices Frozen Yogurt 🖗

85 W. Colorado Blvd. Pasadena 91105 • **626-304-9521** 817 W. Foothill Blvd. Claremont 91711 • **909-621-7175** Hours vary by location www.21choices.com All natural frozen yogurt made with some organic fruit and ingredients; no syrups or artificial flavorings.

Urth Caffé PP

267 S. Beverly Dr. Beverly Hills 90210 • **310-205-9311** 8565 Melrose Ave. West Hollywood 90069 • **310-659-0628** 2327 Main St. Santa Monica 90405 • **310-314-7040** Hours vary by location www.urthcaffe.com

Fresh-baked desserts using locally purchased produce, free-range eggs, hormone-free dairy, and other organic ingredients. Organic coffee, coffee drinks, and teas. Vegan options.

GREEN TIP

Takeout Containers: Worst to First

- Styrofoam–Will outlive all of us, becoming a permanent part of our environment. Its production poses health risks. Many cities are passing laws banning it.
- Plastic Containers–Made from ever-more-limited petroleum. Recycling helps a little but only a fraction actually gets recycled. Also, there's pollution in the production and health risks as well.
- Cardboard Boxes–Food-soiled paper and cardboard cannot be recycled and a lot of paper products contain harmful chlorine or bleach. However, some cities have composting programs for soiled cardboard, and clean cardboard can be recycled.
- 4. Bio-Products-Manufactured from starchy agricultural products and/or plant fibers. Most need special conditions to biodegrade properly and all require energy and scarce resources to produce. Bio-products mixed with recyclable plastics create insoluble sorting problems, often leaving whole batches of recyclable plastic useless. Good news-better options are coming!
- Aluminum Foil–Can be washed and reused. Can be recycled if clean. Oxidizes in landfill without emissions.
- 6. Recycled Paper Products–Saves energy and trees; reduces pollution. Seek 100% recycled material.
- Bring Your Own (BYO)
 –Be creative: jars, mugs, your own Tupperware[®], empty yogurt containers. Whatever you bring, it must be clean.